

Hearing Quiz

	Yes	No
1. Do people seem to mumble more frequently?	<input type="checkbox"/>	<input type="checkbox"/>
2. Do you often ask people to repeat what they have said?	<input type="checkbox"/>	<input type="checkbox"/>
3. Do you have difficulty hearing someone with a soft voice?	<input type="checkbox"/>	<input type="checkbox"/>
4. Does your family complain that you play the TV too loudly?	<input type="checkbox"/>	<input type="checkbox"/>
5. Does a hearing problem cause you to feel frustrated when talking to members of your family?	<input type="checkbox"/>	<input type="checkbox"/>
6. Does a hearing problem cause you difficulty when visiting friends, relatives, or neighbors?	<input type="checkbox"/>	<input type="checkbox"/>
7. Do you feel left out at family or group gatherings?	<input type="checkbox"/>	<input type="checkbox"/>
8. Does a hearing problem cause you difficulty when in a restaurant?	<input type="checkbox"/>	<input type="checkbox"/>
9. Does a hearing problem cause you to attend meetings, religious services, or movies less often than you would like?	<input type="checkbox"/>	<input type="checkbox"/>
10. Does a hearing problem cause you to feel embarrassed when meeting people?	<input type="checkbox"/>	<input type="checkbox"/>
11. Do you feel frustrated by a hearing problem?	<input type="checkbox"/>	<input type="checkbox"/>
12. Do you feel your hearing problem limits or hampers your social or professional life?	<input type="checkbox"/>	<input type="checkbox"/>
13. Do you have difficulty with telephone conversations?	<input type="checkbox"/>	<input type="checkbox"/>
14. Do you currently have hearing aids that frustrate you?	<input type="checkbox"/>	<input type="checkbox"/>

Total YES's _____

# of Yes's	Rate Your Hearing
0 - 2	Your hearing probably falls within the normal range of hearing. Congratulations! And good for you for taking the time to do this survey! Keep your interest and awareness high and if you notice a change in your ability to hear and understand, be sure to have a hearing test.
3 - 4	You may have a mild hearing loss. Early detection is important. Although you probably do not need hearing aids yet, it is important that you have a thorough hearing test and begin to monitor your hearing once a year.
5 - 9	You may have a moderate hearing loss. You hear but have difficulty understanding conversation, especially in background noise. You spend a lot of energy trying to follow conversation and may not even be aware of it. Learn as much as you can about hearing loss and your options but start with a thorough hearing test, now.
10 - 14	You may have a serious hearing loss. Your ability to be part of a conversation is very limited unless you are facing the speaker. Talking to others is both frustrating and exhausting. If you have not tried hearing instruments, you are probably in denial and hurting yourself and others. Learn all you can about denial and the cost of untreated hearing loss. Then, find a hearing healthcare provider you can talk to about your concerns. You need to work with someone who understands your hesitation.

Call the Avalon Hearing office nearest you today.

(916) 930-6347